

AN OPIOID  
ALTERNATIVE?



There were over 1900 opioid caused deaths in New Jersey last year with that number expected to rise this year!



Why Opioids? Out of Control Pain & Stress!

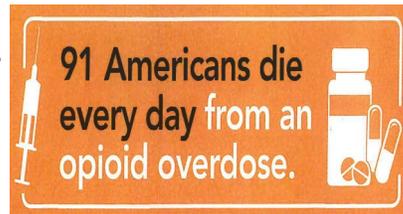


# Denville Community Chiropractic Center



**Dr. Terry Wulster**

Our office's success and national research on pain management documents that **Chiropractic care effectively reduces pain**, returns people to work and activities of daily living (ADLs) faster and reduces the long term risks of tissue deterioration due to prolonged cellular inflammation. Research is documenting what we have observed for 30+ years—**when you mask the pain you do too much and do not give the muscles and ligaments time to heal** which slows your recovery & creates chronic pain. We have treated thousands of patients post laminectomy who continued to suffer after surgery. Additionally we have treated thousands of patients with carpal tunnel post surgical syndrome. These patients repeatedly said their regret is **'WHY DID I WAIT SO LONG' TO TRY CHIROPRACTIC?** Many recovering alcoholics and drug addicted individuals can not take opioids because the meds like Vicodin & Percocet can trigger recovery setbacks. Big Pharma knows that who ever controls the central nervous system (CNS) will dominate in the drug profit world. **Seventy-four thousand US citizens died last year from overdosing—more than the entire Vietnam war!**



**It hurts to see our children suffer;** so for every bump and bruise there is often a creme, pill, potion or lotion to help relieve the pain. As they grow, the injuries get bigger physically & emotionally and often so do the "cures." In school they learn that alcohol was once illegal and now it is legal. Marijuana was once illegal and now it depends on where you live and what you use it for. Even the pills their friend offers them may have been prescribed legally. Of course there is a time and place for everything including medicine and surgery but are we, as loving parents, teachers and even doctors, teaching our children that when you hurt always look outside your body for the answer? **Perhaps part of the answer to our country's opioid epidemic is our culture of treating symptoms and outside-in thinking.** Chiropractic, nutrition, exercise and even creating a positive mental attitude allow us to heal from the inside out by being in control of our body and lives and correcting the problem at the level of the cause instead of just masking the symptom. **Utilizing these natural methods & therapies allows us to create a culture that relies on our inner abilities to heal, teaches our children strength, confidence and the self-reliance to overcome obstacles.**



**Dr. Andy Smith**

## TIPS FOR SPOTTING DRUG ABUSE AMONG YOUR FAMILY & FRIENDS

1. **Erratic behavior.** Suddenly highly energetic and then extremely low energy as blood levels change.
2. **Poor decision making** of otherwise obvious choices.
3. **Worsening body hygiene** as person is consumed by next fix.
4. **Give your kid a hug daily.** You may notice the smell of drugs or suddenly never washed hair, etc.
5. **Pipe cleaners showing up in the garbage.** Used to clean drug apparatus.
6. **Crushed soda cans with holes punched in.** Think Bong, 2017 model.
7. **What is in the Vape?**
8. **Sudden change in “friends” or favorite activities.**
9. **Blood shot eyes daily.**
10. **Cloths with extra small “stash pockets” sewn in**
11. **Styrofoam cups with “purple drank”** (cough syrup, promethazine & soda) at parties
12. **Scrutinize Credit Card bills.** Internet companies will list charges as computer memory, etc.
13. **Clothes glorifying the drug culture.** Not sure what the shirt means? Ask your child. See below.



## CHIROPRACTIC: A SAFER STRATEGY THAN OPIOIDS



### THE FACTS

OVERDOSE DEATHS INVOLVING PRESCRIPTION OPIOIDS HAVE QUADRUPLED SINCE 1999, AND SO HAVE SALES OF THESE PRESCRIPTION DRUGS.

99% OF MEDICAL DOCTORS PRESCRIBE HIGHLY-ADDICTIVE OPIOIDS — AND FOR LONGER THAN THE 3-DAY PERIOD RECOMMENDED BY THE CDC.

### THE PRESCRIBER PROBLEM

## AMERICANS WANT & DESERVE CHIROPRACTIC CARE

CHIROPRACTIC CARE OFFERS A DRUG-FREE, NON-INVASIVE AND COST-EFFECTIVE ALTERNATIVE TO OPIOID DRUGS.

CHIROPRACTIC IS THE LARGEST, AND BEST RECOGNIZED OF THE COMPLEMENTARY AND ALTERNATIVE HEALTH CARE PROFESSIONS.

PATIENT USE OF CHIROPRACTIC HAS TRIPLED IN THE PAST 2 DECADES.



DOWNLOAD THE WHITE PAPER HERE:  
<http://www.f4cp.com/opioidwp.pdf>

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## Why Be A Statistic?

Chiropractic helps your body function more efficiently!

All functions of the body are controlled by the brain & nerves. We are here to help!

Our office is offering a complimentary functional neurological evaluation history, exam & in office thermography.

**Dr. Terry Wulster & Dr. Andy Smith**

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Call for your appointment

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